

# MARRIAGE PREPARATION



*Centacare*

***A wedding is the celebration of a dream...***

***We all have our dreams...***

**What are your dreams for yourself . . . your partner . . . your relationship . . .**

**Are these dreams able to be shared by your partner?**

**What dreams did your families have for their relationships?**

**How have they influenced you?**

At Centacare we can give you an opportunity to explore your dreams, goals and ambitions. Remember . . . weddings don't make marriages – people do!

***How do you enrol?***

Phone 4772 9000 during office hours and ask to be enrolled in the Marriage Preparation course. This course provides an opportunity for you to look at your relationship in a relaxed and confidential setting. Centacare's Marriage Preparation course is a discussion starter, not a test or a predictor. Marriage Preparation is one of the Life Skills courses run by the Centacare Early Intervention Service.

**Each Course includes three sessions:**

***Sessions 1 & 2***

*Conducted as group sessions lasting up to 2 hours.*

Couples are invited to explore their relationship and the kind of marriage they would like to have through a series of exercises and discussions including topics such as hopes and dreams, values, communication and family planning. These topics are worked through on individual, couple and group levels, and participants are encouraged to join in and share as much or as little as they would like.

***Session 3***

*Individual sessions arranged by appointment – up to 2 hours.*

Couples are then encouraged to discuss their comments with each other and to explore the issues most important for them with one of the trained Marriage Preparation Facilitators under confidential counselling conditions.

Fee: \$150 per couple.

# Mission Statement

CENTACARE is the Catholic Church reaching out to individuals and families seeking assistance. We respond out of our commitment to the Gospel values of dignity, respect and justice for all and offer a range of professional counselling, support and related services in partnership with the community and governments.

*EIS are subsidised through the Federal Department of Families and Housing, Community Services and Indigenous Affairs.*

## Our Offices



*Centacare*

*A Mission of  
the Catholic  
Diocese of  
Townsville*

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